

UNIVERSITY OF COSTA RICA

# A Joint Project of the Central American Center on Population (ССР) and the Institute for Health Research (INISA) 

## CRELES

# Costa Rican Longevity and Healthy Aging Study 

## ELDERLY QUESTIONNAIRE

Round 1

The information provided is completely confidential and voluntary


| IDEN | TITY SECTION : IDENTIFICATION | Initial Time: |
| :---: | :---: | :---: |
| Before we begin, I would like to remind you again that this interview is completely voluntary and confidential. If there is any question that you do not want to answer, simply let me know and we'll continue to the next question. |  |  |
| NO. | QUESTIONS | CATEGORIES AND CODES |
| ID1 | May I please see your identification card? | Card Number $\quad\left\|\_\left\|\_\left\|\_\left\|\_\left\|-\left\|\_\left\|\_\left\|\_\left\|\_\right\| \rightarrow \text { ID3 }\right.\right.\right.\right.\right.\right.\right.\right.$ Does not have one $\quad 888888888 \rightarrow$ ID2 |
| ID2 | On what day, month and year were you born? | Day \|_-_| <br> Month _-__\|_-_| |
| ID3 | How old are you? | Years L_L_-_ <br> DK/NR 999 |
| ID4 | What is the interviewee's sex? | Male 1 <br> Female 2 |
| ID5 | Just to confirm, your name is: | Yes 1 <br> No $2 \rightarrow$ ID1 <br> (test and/or review the noted ID card number)  |
|  |  | End time: \| - | - |: $\mid$ - |

SECTION B: COGNITIVE EVALUATION $\quad$ Initial Time: $|\ldots|$

Next, I will conduct a series of exercises that serve to understand how your memory functions. I will ask you some questions and ask you to do a few things. Some things will be very easy, and other things will be more difficult. Perhaps you won't know the answer to all the questions. There is no problem with that. However, it is important that you do your best effort. Do you have any questions?

| NO. | QUESTIONS | CATEGORIES AND CODES |
| :---: | :---: | :---: |
| B1 | Please tell me today's date. <br> (note 1 point for each correct response) | Day of the week Points <br> Day of the month  <br> Month  <br> Year  |
| B2 | Now I am going to name 3 objects. After I name them I am going to ask you to repeat aloud the words that you can remember in whatever order. <br> Please remember what the words are because I will ask you again later in the interview. Do you have any questions? <br> (Remembered 1, Did not remember 0) |  Correct <br> Tree \|__| <br> Table \|__| <br> Dog \|__| <br> Total \|__| |
| B3 | Now I will state some numbers and I want you to repeat them in reverse order. $13579$ <br> Note: Write 1 if the order is correct ( 97531$)$ and 0 for any other response. | Interviewee Response: <br> Correct response $\square$ |
| B4 | I am going to give you a sheet of paper. Take the paper with your RIGHT HAND, fold it in HALF with BOTH HANDS and place it ON YOUR LAP (Correct action 1, incorrect 0 ) |  Correct <br> Takes paper with right hand ___\| <br> Folds paper with both hands ___\| <br> Places it on lap  <br> Total  |
|  | A moment ago I named three objects and you repeated the ones you remembered, Tell me which ones you remember now. <br> (Remembered 1, Did not remember 0) |  Correct <br> Tree \|__| <br> Table \|__| <br> Dog \|__| <br> Total \|__| |



## SECTION B: COGNITIVE EVALUATION <br> Initial Time: |__|__|:|__|_|

Next, I will conduct a series of exercises that serve to understand how your memory functions. I will ask you some questions and ask you to do a few things. Some things will be very easy, and other things will be more difficult. Perhaps you won't know the answer to all the questions. There is no problem with that. However, it is important that you do your best effort. Do you have any questions?

| NO. | QUESTIONS | CATEGORIES AND CODES |  |
| :--- | :--- | :--- | :--- |
|  |  | Is not capable | $2(6)$ |


| B9 | Is $\qquad$ able to do her/his own shopping (food, clothes)? | Is capable <br> Has never done it, but is able <br> With some difficulty but is able <br> Has never done it, and would have difficulty doing it now <br> Needs help <br> Is not capable | 0 (1) <br> 0 (2) <br> 1 (3) <br> 1 (4) <br> 2 (5) <br> 2 (6) |
| :---: | :---: | :---: | :---: |
| B10 | Is $\qquad$ able to heat water for coffee or tea and to turn off the stove? | Is capable <br> Has never done it, but is able <br> With some difficulty but is able <br> Has never done it, and would have difficulty doing it now <br> Needs help <br> Is not capable | 0 (1) <br> 0 (2) <br> 1 (3) <br> 1 (4) <br> 2 (5) <br> 2 (6) |
| B11 | Is ___ able to prepare her/his own meals? | Is capable <br> Has never done it, but is able <br> With some difficulty but is able <br> Has never done it, and would have difficulty doing it now <br> Needs help <br> Is not capable | 0 (1) <br> 0 (2) <br> 1 (3) <br> 1 (4) <br> 2 (5) <br> 2 (6) |
| B12 | Is $\qquad$ able to keep up with happenings and what is occurring in the neighborhood? | Is capable <br> Has never done it, but is able <br> With some difficulty but is able <br> Has never done it, and would have difficulty doing it now <br> Needs help <br> Is not capable | 0 (1) <br> 0 (2) <br> 1 (3) <br> 1 (4) <br> 2 (5) <br> 2 (6) |
| B13 | Is $\qquad$ able to pay attention, understand and discuss a radio or television program or an article in the newspaper? | Is capable <br> Has never done it, but is able | $\begin{aligned} & 0(1) \\ & 0(2) \end{aligned}$ |



| SECTION B: COGNITIVE EVALUATION Initial Time: $\qquad$ <br> Next, I will conduct a series of exercises that serve to understand how your memory functions. I will ask you some questions and ask you to do a few things. Some things will be very easy, and other things will be more difficult. Perhaps you won't know the answer to all the questions. There is no problem with that. However, it is important that you do your best effort. Do you have any questions? |  |  |  |
| :---: | :---: | :---: | :---: |
|  |  |  |  |
| NO. | QUESTIONS | CATEGORIES AND CODES |  |
|  |  | Is not capable 2 (6) |  |
| B18 | Is $\qquad$ able to stay home alone without problems? | Is capable <br> Has never done it, but is able <br> With some difficulty but is able <br> Has never done it, and would have difficulty doing it now <br> Needs help <br> Is not capable | $\begin{gathered} \hline 0(1) \\ 0(2) \\ 1(3) \\ 1(4) \\ 2(5) \\ 2(6) \end{gathered}$ |
| B19 | FILTER <br> Add the points of questions B9 to B19 and note the total | TOTAL <br> Total 6 or more <br> $1 \rightarrow$ Continue the interview with help of the substitute (review ID section and use the proxy form) <br> Total 5 or less <br> $2 \rightarrow$ Continue with the interviewee, you can use the auxiliary informant |  |
| End section for those who are candidates for answering the questionnaire with proxy |  |  |  |
|  |  | End Time: | : $-1+1$ |


| SECTION AB: REGISTER OR HOUSEHOLD MEMBERS <br> Now I am going to ask you about the people who live in this house. |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| AM4 How many people live in this home? |  |  |  |  |  |  | NUMBER \| _-|_| |  |
| Please tell me the name of all the people who normally live in this home beginning with yourself (the selected) and then with your spouse. Please list first all the adults and then the children. Then ask, "Is there another person that lives here, even if she or he is not present at this moment?" (This includes the children that are in school or at work). If yes, complete the list. Then ask and write the answers. |  |  |  |  |  |  |  |  |
| AB6 |  |  |  |  |  |  |  |  |
| AB1 <br> Name AB2 What is his or her <br> family relation to you <br> (interviewee) <br>  1. Interviewee <br>  2. Spouse <br>  3. Biological child <br>  4. Step child <br>  5. Son/Daughter In- <br>  Law <br>  6. Grandchild <br>  7. Sibling <br>  8. Biological Parent <br>  9. Step Parent <br>  10. Mother In-Law <br>  11. Other Relative <br>  12. Domestic Employee <br>  13. Other non-relative <br>  99. DK/NR |  |  |  |  | AB4 <br> How old is $\qquad$ ? <br> Note Age | AB5 <br> What is the marital status of $\qquad$ ? <br> 1. Civil union <br> 2. Married <br> 3. <br> Separated / divorced <br> 4. <br> Widow/er <br> 5. Single <br> 6. Other <br> 9. $\mathrm{DK} / \mathrm{NR}$ | AB6 <br> Has your son/daughter $\qquad$ always lived with you? <br> 1. Yes $\rightarrow$ AM5 <br> 2. No <br> 9. DK/NR | $\qquad$ <br> Did come to live with you or did you move to live here with $\qquad$ ? <br> 1. $\qquad$ came <br> 2. Interviewee moved <br> 9. $\mathrm{DK} / \mathrm{NR}$ |
| L | NAME | ReLAtion | M | F | AgE | MAR. STAT. |  |  |
| 1 |  | _1_ | 1 | 2 | - - | - - | 129 | 129 |
| 2 |  |  | 1 | 2 | - | - - | 129 | 129 |
| 3 |  |  | 1 | 2 | - - | - - | 129 | 129 |
| 4 |  |  | 1 | 2 | - - | - | 129 | 129 |
| 5 |  |  | 1 | 2 | - - | - | 129 | 129 |
| 9 |  |  | 1 | 2 | - - | - - | 129 | 129 |
| 7 |  |  | 1 | 2 | - - | - - | 129 | 129 |
| 8 |  |  | 1 | 2 | - | - - | 129 | 129 |
| 9 |  |  | 1 | 2 | - - | - - | 129 | 129 |
| 10 |  |  | 1 | 2 | - - | - - | 129 | 129 |
| 11 |  |  | 1 | 2 | - - | - - | 129 | 129 |
| 12 |  |  | 1 | 2 | - - | - - | 129 | 129 |


| AM5 | Of all the people who live here, who is the head ("boss" or "in charge") of the home? <br> Note Number of the person in the register. | Number |  |
| :---: | :---: | :---: | :---: |
| Now I will ask you about your children. |  |  |  |
| AM6 | Now I will ask you about your children. <br> How many live-born children did you have? | None <br> Number of children DK/NR | $\begin{aligned} & 0 \rightarrow \text { AM11 } \\ & \left\|\_\left\|\_\right\|\right. \\ & 99 \end{aligned}$ |
| AM7 | In all, how many of your children are still alive? | Number of children alive DK/NR | $\begin{aligned} & \|-\quad\| \quad\|\quad\| \\ & 99 \end{aligned}$ |
| AM8 | How many grandchildren do you have? | Number of grandchildren 98 or more grandchildren DK/NR | $\begin{aligned} & \hline-\_\left\|\_\right\| \\ & 98 \\ & 99 \end{aligned}$ |
| AM9 | How old were you when your first child was born? | Year <br> DK/NR |  |
| AM10 | How old were you when your last child was born? | Age <br> Year <br> DK/NR |  |
|  |  | End | -\|_|i:|_|_| |


| SECTION AC: REGISTER OF NON-RESIDENT CHILDREN |  |  |  |  |  |  | START TIME: $\|\ldots\| \ldots\|:\|$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| AM11 How many children and step children DO NOT live with you in this home? |  |  |  |  |  |  | NUMBER $\|\ldots\| \_\mid \rightarrow$ Yes 0 go to A1 |  |
| FOR THE INTERVIEWEE'S CHILDREN: <br> Please tell me the names of each of your children that do not normally live in this home (Include: your own children, stepchildren, adopted children and foster children) |  |  |  |  |  |  |  |  |
|  | AC1 <br> Name | ¿Is <br> Ma <br> Fen <br> 1. <br> 2. |  | AC3 <br> Is $\qquad$ your own child or not your own? <br> 1. Own Child <br> 2. Not own Child <br> 9. NS/NR | AC4 <br> How old is $\qquad$ ? | AC5 <br> What is the marital status of $\qquad$ ? <br> 1. Civil union <br> 2. Married <br> 3. Separated/ divorced <br> 4. Widow/er <br> 5. Single <br> 6. Other <br> 9. NS/NR | AC6 <br> WHERE DOES $\qquad$ LIVE? <br> 1. In the same neighborhood or community <br> 2. Different neighborhood or community but same city <br> 3. Other city in Costa Rica <br> 4. Outside of Costa Rica <br> 9. NS/NR | AC7 <br> How often do you see or visit with $\qquad$ ? <br> 1. Daily <br> 2. Weekly <br> 3. Biweekly <br> 4. Monthly <br> 5. Other <br> 6. Never <br> 9. NS/NR |
| L | NAME | M | F | ReLATION | AgE | MARITAL STAT. | LIVES WITH | VIsITS |
| 1 |  | 1 | 2 | - | - - | - | - | - |
| 2 |  | 1 | 2 | - | - - | - | - | - |
| 3 |  | 1 | 2 | - | - - | - | - | - |
| 4 |  | 1 | 2 | - | - - | - | - | - |
| 5 |  | 1 | 2 | - | - - | - | - | - |
| 6 |  | 1 | 2 | - | - - | - | - | - |
| 7 |  | 1 | 2 | - | - - | - | - | - |
| 8 |  | 1 | 2 | - | - - | - | - | - |
| 9 |  | 1 | 2 | - | - - | - | - | - |
| 10 |  | 1 | 2 | - | - - | - | - | - |
| 11 |  | 1 | 2 | - | - - | - | - | - |
| 12 |  | 1 | 2 | - | - - | - | - | - |


| SECTION A : PERSONAL INFORMATION OF INTERVIEWEE ${ }^{\text {a }}$ (tart Time: |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Now let's continue talking about you. |  |  |  |  |  |  |  |  |
| NO. | QUESTIONS | CATEGORIES AND CODES |  |  |  |  |  |  |
| EDUCATION |  |  |  |  |  |  |  |  |
| A1 | Are you able to read and write a message? | Yes <br> No <br> NS/NR | 1 |  |  |  |  |  |
|  |  |  | 2 |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
| A2 | What was the last level and grade of your formal education that you completed? | A2a. Level | A2b. Years of study (grade) |  |  |  |  |  |
|  |  | 0 None | 0 |  |  |  |  |  |
|  |  | 1 Elementary | 1 | 2 | 3 | 4 | 5 | 6 |
|  |  | 2 Secondary, academic | 1 | 2 | 3 | 4 | 5 |  |
|  |  | 3 Secondary, technical | 1 | 2 | 3 | 4 | 5 | 6 |
|  |  | 4 Para-university | 1 | 2 | ${ }^{3+}$ |  |  |  |
|  |  | 5 Higher education | 1 | 2 | 3 | 4 | ${ }^{5+}$ |  |
|  |  | $9 \mathrm{NS} / \mathrm{NR}$ | 9 |  |  |  |  |  |
| MARITAL HISTORY |  |  |  |  |  |  |  |  |
| A3 | What is your current marital status? | Civil union <br> Married <br> Widow/er from civil union <br> Widow/er from marriage <br> Divorced <br> Separated from civil union <br> Separated from marriage <br> Never married or in union <br> DK/NR | $1 \rightarrow \mathrm{~A} 4$ |  |  |  |  |  |
|  |  |  | $2 \rightarrow$ A4 |  |  |  |  |  |
|  |  |  | $3 \rightarrow$ A7 |  |  |  |  |  |
|  |  |  | $4 \rightarrow$ A7 |  |  |  |  |  |
|  |  |  | $5 \rightarrow$ A7 |  |  |  |  |  |
|  |  |  | $6 \rightarrow$ A7 |  |  |  |  |  |
|  |  |  | $7 \rightarrow$ A7 |  |  |  |  |  |
|  |  |  | $8 \rightarrow$ A16 |  |  |  |  |  |
|  |  |  | $9 \rightarrow$ A16 |  |  |  |  |  |
| A4 | What was the primary work activity of your spouse in the last week? | Worked |  | 1 |  |  |  |  |
|  |  | Didn't work but has a job |  | 2 |  |  |  |  |
|  |  | Looking for work |  | 3 |  |  |  |  |
|  |  | Household chores |  | 4 |  |  |  |  |
|  |  | Is retired |  | 5 |  |  |  |  |
|  |  | Did not work |  | 6 |  |  |  |  |
|  |  | DK/NR |  | 9 |  |  |  |  |







| Now we are going to talk about each of those pensions, please begin with the first pension that was granted to you. |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Pensions | SP1. What type of pension is (was) it? <br> 1. Own: earned from salaried employment <br> 2. Own: earned from voluntary contributions <br> 3. Own: Granted by the state <br> 4. Pensioned for disability <br> 5. Inherited: from salaried employment <br> 6. Inherited: from <br> voluntary contributions <br> 7. Inherited: Granted by the state <br> 8. Inherited from someone who had a pension for disability <br> 9. Other <br> 99. DK/NR | SP2. How old were you when you were granted this pension? $\text { DK/NR } 99$ | SP3. What is the monthly amount of this pension (in thousand) | SP4. Then would you say that the amount of this pension is: <br> (only for those responding DK/NR on the previous question) |  |  |
| 011 | \|_-_-| | \|_-|_| | $\qquad$ <br> thousand DK/NR 999 | SP4. More than 100 thousand colones | SP5. More than 80 thousand colones $\begin{array}{ll} \text { Yes } & 1 \rightarrow \text { AM14 } \\ \text { No } & 2 \rightarrow \text { AM14 } \\ \text { DK/NR } & 9 \rightarrow \text { AM14 } \end{array}$ | SP6. More than 200 thousand colones |
| 021 | \|_-_| | \|_-_| | $\square$ <br> thousand $\text { DK/NR } 999$ | SP4. More than 100 thousand colones | SP5. More than 80 thousand colones <br> Yes <br> $1 \rightarrow$ AM14 <br> No $\quad 2 \rightarrow$ AM14 <br> DK/NR $9 \rightarrow$ AM14 | SP6. More than 200 thousand colones $\begin{array}{lc} \text { Yes } & 1 \rightarrow \text { AM14 } \\ \text { No } & 2 \rightarrow \text { AM14 } \\ \text { DK/NR } & 9 \rightarrow \text { AM14 } \end{array}$ |
| 031 | \|_-_| | \|_-|_| | $\square$ <br> thousand $\text { DK/NR } 999$ | SP4. More than 100 thousand colones | SP5. More than 80 thousand colones <br> Yes <br> $1 \rightarrow$ AM14 <br> No $\quad 2 \rightarrow$ AM14 <br> DK/NR $9 \rightarrow$ AM14 | SP6. More than 200 thousand colones $\begin{array}{lc} \text { Yes } & 1 \rightarrow \text { AM14 } \\ \text { No } & 2 \rightarrow \text { AM14 } \\ \text { DK/NR } & 9 \rightarrow \text { AM14 } \end{array}$ |


| SECTION SP: INSURANC AND PENSIONS |  |  |  |
| :--- | :--- | :--- | :--- |
| NO. | QUESTIONS |  | CATEGORIES AND CODES |
| AM14 | Do you currently have a pension from <br> the private sector? | Yes <br> No <br> DK/NR | $1 \rightarrow$ AM15 <br> $2 \rightarrow$ AM20 <br> AM15 |
|  | At what age did you start to receive <br> your pension? | Age <br> DK/NR | AM20 |



Now we are going to talk about each of these insurance policies. We are interested in knowing the times you changed the terms of your insurance and if there were lapses of time of at least one year when you were insured. Please, let us begin at 1970. If she/he has a pension continue until the insurance just prior to pensioning.

| Insurance | SPS1. What kind of insurance is it? <br> 1. Salaried. <br> 2. Own account or voluntary. <br> 3. Granted by the state. <br> 4. Relative of the salaried person. <br> 5. Relative of holder of own account or voluntary account. <br> 6. Relative of someone to whom the state granted it. <br> 7. Relative of a pensioned person. <br> 8. Other <br> 9. $\mathrm{DK} / \mathrm{NR}$ | SPS2. How old were you when you started this insurance? Or in what year was it granted to you? | SPS3. How old were you when you ended this insurance? <br> Note: For current insurance, write code 97. <br> DK/NR 99 |
| :---: | :---: | :---: | :---: |
| $\underline{01}$ | \|_I |  | \|__|__| |
| $\underline{02}$ | \|_I |  | \|_||__| |
| $\underline{03}$ | L_I |  | \|_||__| |
| $\underline{04}$ | \|_| |  | \|_||__| |
| $\underline{05}$ | \|__| |  | \|_||__| |


| SECTION SP: INSURANCE AND PENSIONS |  |  |  |
| :---: | :---: | :---: | :---: |
| NO. | QUESTIONS | CATEGORIES AND CODES |  |
| AM23 | Do you have other private medical or hospitalization insurance? | Yes $1 \rightarrow$ AM24 <br> No $2 \rightarrow$ AM29 <br> DK/NR $9 \rightarrow$ AM29 |  |
| AM24 | This insurance.... | Is paid by you or a relative Is paid or is part of a pension from your current employment or previous employment | 1 |



| AM29 | Now, if you would allow me, I will take a <br> photograph of you. <br> (Ask the interviewee to stand for a few <br> moments) | Photo taken <br> (Remember to write the code on the photo) <br> Photo NOT Taken |
| :--- | :--- | :--- |






| SECTION C: STATE OF HEALTH |  |  | Start Ti | \|: |
| :---: | :---: | :---: | :---: | :---: |
| Now, I would like to ask you some questions about your health |  |  |  |  |
| NO. | QUESTIONS | CAT | GORIES AND | ODES |
| Now we are going to talk about the times that you had these strokes or attacks |  |  |  |  |
| C27 | How many heart attacks have you had in all your life? | Infarcts |  |  |
|  | Please tell me, at what age did you have these heart attacks? Please begin with the first one. | C28. First <br> infarct $\qquad$ DK/NR 999 | C29. Second <br> infarct $\qquad$ DK/NR 999 | C30. Third <br> infarct $\qquad$ DK/NR 999 |
| C31 | Have these heart problems caused you to make changes to your normal activities at home or work? | Very much <br> A little <br> None <br> NS/NR | 1 <br> 2 <br> 3 <br> 9 |  |
| OTHER HEART DISEASES |  |  |  |  |
| C32 | Has a physician ever told you that you have a heart disease without having a heart attack? | Yes No DK NR |  |  |
| C33 | How old were you when this heart problem was diagnosed? | Age <br> Year <br> DK/NR |  |  |
| C34 | Has this disease caused you to change your normal activities at home or at work? | Very much <br> A little <br> None <br> DK/NR | 1 <br> 2 <br> 3 <br> 9 |  |
| STROKE |  |  |  |  |
| C35 | Has a physician ever told you have had a stroke? | Yes <br> No <br> DK <br> NR |  |  |
| Now were going to talk about the times that you have had a stroke |  |  |  |  |
| C36 | How many strokes have you had in your life? | strokes | \|__|__| |  |
|  | Please tell me how old you were when you had these strokes <br> Start with the first one you had. | C37. First <br> stroke $\qquad$ __ | C38. Second stroke $\qquad$ | C39. Third stroke $\qquad$ |



| SECTION C: STATE OF HEALTH |  |  | Start Time: \| _ | _ i: |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Now, I would like to ask you some questions about your health |  |  |  |  |  |
| NO. | QUESTIONS |  | CATEGORIES AND CODES |  |  |
|  |  |  | NS/NR | 9 |  |
| C47 | Is there someone in your family who has or had hypertension? | Relative | Yes | No | DK/NR |
|  |  | A parent | 1 | 2 | 9 |
|  |  | A sibling | 1 | 2 | 9 |
|  |  | A grandparent | 1 | 2 | 9 |
| C48 | Is there someone in your family who has or had diabetes? | Relative | Yes | No | DK/NR |
|  |  | A parent | 1 | 2 | 9 |
|  |  | A sibling | 1 | 2 | 9 |
|  |  | A grandparent | 1 | 2 | 9 |
| FALLS |  |  |  |  |  |
| C49 | Have you fallen in the last 2 years? <br> (do not include falls due to inebriation) |  | Yes | $1 \rightarrow \mathrm{C} 50$ |  |
|  |  |  | No | $2 \rightarrow$ C51 |  |
|  |  |  | DK | $8 \rightarrow$ C51 |  |
|  |  |  | NR | $9 \rightarrow$ C51 |  |
| C50 | How many times have you fallen in the last 12 months? |  | Number of times | \|-_-| |  |
|  |  |  | DK/NR |  |  |
| C51 | Have you ever fractured a bone after the age of 60? |  | Yes | $1 \rightarrow$ C52 |  |
|  |  |  | No | $2 \rightarrow$ C54 |  |
|  |  |  | DK/NR | $9 \rightarrow$ C54 |  |
| C52 | Have you ever had an operation or surgery due to that fracture, or due to your arthritis, rheumatism or artrosis? |  | Yes | $1 \rightarrow$ C53 |  |
|  |  |  | No | $2 \rightarrow$ C54 |  |
|  |  |  | DK/NR | $9 \rightarrow$ C54 |  |


| SECTION C: STATE OF HEALTH |  |
| :--- | :---: |
| Now, I would like to ask you some questions about your health |  |
| NO. | QUESTIONS Time: |


| C53 | What bone or joint was operated on? | Hip <br> Knee <br> Wrist <br> Shoulder <br> Forearm <br> Ankle <br> Femur <br> Other $\qquad$ <br> DK/NR |  |
| :---: | :---: | :---: | :---: |
| SIGHT |  |  |  |
| C54 | Do you normally use glasses or contact lenses? | Yes, to see far <br> Yes, to see near <br> Yes, to see near and far <br> Does not use <br> Is blind <br> DK/NR | $\begin{aligned} & 1 \rightarrow \mathrm{C} 55 \\ & 2 \rightarrow \mathrm{C} 56 \\ & 3 \rightarrow \mathrm{C} 55 \\ & 4 \rightarrow \mathrm{C} 55 \\ & 5 \rightarrow \mathrm{C} 62 \\ & 9 \rightarrow \mathrm{C} 57 \end{aligned}$ |
| C55 | Using this card, choose a number from 1 to 7 to describe how your sight is for seeing FAR (with glasses) and to recognize a friend on the other side of the street. ( 1 is poor and 7 is excellent) | Number <br> DK/NR | $\begin{aligned} & \hline \_\mid \\ & 9 \end{aligned}$ |
| C56 | Using this card, choose a number from 1 to 7 to describe how your sight is for seeing NEAR (with glasses) and to read the newspaper or to see photographs in a magazine. (1 is poor and 7 is excellent) | Number DK/NR | $\begin{aligned} & \left\|\_\right\| \\ & 9 \end{aligned}$ |
| CATARACTS |  |  |  |
| C57 | Has a physician ever told you that you have cataracts? | Yes <br> No <br> DK <br> NR | $\begin{aligned} & 1 \rightarrow \mathrm{C} 58 \\ & 2 \rightarrow \mathrm{C} 60 \\ & 8 \rightarrow \mathrm{C} 60 \\ & 9 \rightarrow \mathrm{C} 60 \end{aligned}$ |
| C58 | Have you ever had an operation for your cataracts | $\begin{aligned} & \text { Yes } \\ & \text { No } \end{aligned}$ |  |





| SECTION C: STATE OF HEALTH |  | Start Time: \|__|__|: |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Now, I would like to ask you some questions about your health |  |  |  |  |
| NO. | QUESTIONS | CATEGORIES AND CODES |  |  |
|  |  | DK/NR | 9 |  |
| MENTAL HEALTH |  |  |  |  |
| C81 | Has a physician ever told you that you have a nervous or psychiatric problem such as depression? | Yes <br> No <br> DK/NR |  |  |
| C82 | How old were you when you were diagnosed with your nervous problem? | Age Year DK/NR | $99$ | \|_| |
| C83 | Has this problem interfered with your daily activities at home or at work? | Very much <br> A Little <br> None <br> DK/NR | 1 <br> 2 <br> 3 <br> 9 |  |
| SYMPTOMS |  |  |  |  |
| During the last 12 months have you had any of the following problems or illnesses on a daily basis? |  |  |  |  |
|  |  | Yes | No | DK/NR |
| C84 | Swelling of your feet or heels | 1 | 2 | 9 |
| C85 | Dizziness or fainting | 1 | 2 | 9 |
| C86 | Intense thirst | 1 | 2 | 9 |
| C87 | Severe fatigue or serious exhaustion | 1 | 2 | 9 |
| C88 | Panting | 1 | 2 | 9 |
| C89 | Cough | 1 | 2 | 9 |
| C90 | Production of phlegm | 1 | 2 | 9 |
| C91 | Pain in lower limbs during or after walking | 1 | 2 | 9 |
| C92 | Pain in the upper stomach area | 1 | 2 | 9 |
| C93 | Involuntary loss of urine | 1 | 2 | 9 |
| C94 | Involuntary loss of excrement | 1 | 2 | 9 |
| C95 | Urination with great frequency | 1 | 2 | 9 |
| C96 | Urination three or more times at night | 1 | 2 | 9 |
| C97 | Tingling or burning when urinating | 1 | 2 | 9 |
| C98 | Bleeding during urination | 1 | 2 | 9 |
| C99 | Bleeding during defecation | 1 | 2 | 9 |
| C100 | Problems of insomnia | 1 | 2 | 9 |


| SECTION C: STATE OF HEALTH |  |  | Start Time: \|__|__|: |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Now, I would like to ask you some questions about your health |  |  |  |  |  |
| NO. | QUESTIONS |  | CATEGORIES AND CODES |  |  |
| C101 | Nausea |  | 1 | 2 | 9 |
| C102 | Vomiting frequently |  | 1 | 2 | 9 |
| C103 | Difficulty breathing while asleep |  | 1 | 2 | 9 |
| SYMPTOMS OF DEPRESSION |  |  |  |  |  |
| Now I would like to ask you some questions about the state of your mood in this last week. |  |  |  |  |  |
|  |  |  | Yes | No | DK/NR |
| C104 | Have you been satisfied with your life? |  | 1 | 2 | 9 |
| C105 | Did you put aside or lessen your activities or the things you like to do? |  | 1 | 2 | 9 |
| C106 | Did you feel that your life is empty? |  | 1 | 2 | 9 |
| C107 | Did you feel bored frequently? |  | 1 | 2 | 9 |
| C108 | Were you in a good mod for the majority of the time? |  | 1 | 2 | 9 |
| C109 | Were you worried or fearing that something bad would happen to you? |  | 1 | 2 | 9 |
| C110 | Did you feel happy most of the time? |  | 1 | 2 | 9 |
| C111 | Did you frequently feel abandoned or unappreciated? |  | 1 | 2 | 9 |
| C112 | Did you prefer to stay home instead of going out and doing things? |  | 1 | 2 | 9 |
| C113 | Did you feel that you had more memory problems than other people of your same age? |  | 1 | 2 | 9 |
| C114 | Did you feel that it is marvelous to be alive? |  | 1 | 2 | 9 |
| C115 | Did you feel useless or that you were worthless in your current situation? |  | 1 | 2 | 9 |
| C116 | Did you feel full of energy? |  | 1 | 2 | 9 |
| C117 | Did you find yourself without hope in facing your current situation? |  | 1 | 2 | 9 |
| C118 | Did you think that other people are in a better situation than you? |  | 1 | 2 | 9 |
| Next, I am going to read some phrases. For each of the expressions, please tell me if you agree, agree somewhat, disagree somewhat or disagree. |  |  |  |  |  |
|  |  | AgreeAgr <br> Some | Disagree Somewhat | Disagree | DK/NR |
| C119 | There is not much sense in planning for the future | 1 2 | 4 | 3 | 9 |
| C120 | The very good things that happen to us are because of good luck | 12 | 4 | 3 | 9 |
| C121 | One is responsible for one's own successes | 12 | 4 | 3 | 9 |



| SECTION C: STATE OF HEALTH |  |  |  | Time |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Now, I would like to ask you some questions about your health |  |  |  |  |  |  |  |  |
| NO. | QUESTIONS |  |  | CATEGORIES AND CODES |  |  |  |  |
| C135 | Have you done a test for urinary tract cancer or cervical cancer (Papanicolaou)? <br> Go to C138 | 1 | 2 | 3 | 4 | 5 | 8 | 9 |
| C136 | Have you had a blood test for the prostate? | 1 | 2 | 3 | 4 | 5 | 8 | 9 |
| C137 | Have you done a rectal exam for the prostate? | 1 | 2 | 3 | 4 | 5 | 8 | 9 |
| C138 | TAKING BLOOD PRESSURE <br> Now, if you will allow me I will check your blood pressure from your arm. | First reading Unable to measure |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |

End Time:

| SECTION EV: LIFESTYLES |  | Start Time: |
| :---: | :---: | :---: |
| NO. | QUESTIONS | CATEGORIES AND CODES |
| ALCOHOLIC BEVERAGES |  |  |
| EV1 | Have you ever drank alcoholic drinks on a regular basis? |  |
| EV2 | How long ago did you stop drinking? | Months \| $\_$\|__| <br> Years \|__| $\quad \mid$ <br> DK/NR 99 |
| EV3 | During the time that you drank the most, how many drinks or beers did you regularly drink? | Drinks \| $\_$\|-_| <br> DK/NR 99 |
| EV4 | (When you drank) Has it bothered you that someone would be critical of your drinking alcoholic beverages? | Yes 1 <br> No 2 <br> DK/NR 9 |
| EV5 | (When you drank) Have you ever felt bad or guilty for drinking alcoholic drinks? | Yes 1 <br> No 2 <br> DK/NR 9 |
| EV6 | (When you drank) Have you ever drunk an alcoholic drink when you got up in the morning or when you were hung over? | Yes 1 <br> No 2 <br> DK/NR 9 |
| EV7 | How old were you when you started to drink alcoholic drinks? |  |
| TABACCO |  |  |
| EV8 | Have you smoked more than 100 cigarettes or cigars in your life? | Yes $1 \rightarrow$ EV9 <br> No $2 \rightarrow$ EV14 <br> DK/NR $9 \rightarrow$ EV14 |
| EV9 | How old were you when you first started smoking? |  |
| EV10 | Do you smoke now? | Yes $1 \rightarrow$ EV11 <br> No $2 \rightarrow$ EV12 |


| SECTION EV: LIFESTYLES |  | Start Time: \| _ | _ : $:$ \| $\mid$ \|_| |  |
| :---: | :---: | :---: | :---: |
| NO. | QUESTIONS | CATEGORIES AND CODES |  |
|  |  | NS/NR $9 \rightarrow$ | V12 |
| EV11 | How many cigarettes or pipes do you normally smoke every day? (pack of 20 cigarettes) | Cigarettes C__\| <br> Cigars Pipes <br> DK/NR \|__ <br>  99 | $\begin{aligned} & \rightarrow \mathrm{EV} 13 \\ & \rightarrow \mathrm{EV} 13 \\ & \rightarrow \mathrm{EV} 13 \\ & \mathrm{VV13} \end{aligned}$ |
| EV12 | No longer smokes. How old were you when you stopped smoking? | Age Year <br> DK/NR 99 | \|_1 |
| EV13 | During the time that you smoked the most, how many cigarettes did you smoke per day? | Number cigarettes per day Packs per day <br> 98 or more cigarettes per day DK/NR | \| $\_$\| $\_\mid$ \| $\_$\| $-\mid$ 98 99 |
| PHYSICAL ACTIVITY |  |  |  |
| EV14 | In the last 12 months, did you exercise regularly or do other physically rigorous activities like sports, jogging, dancing, or heavy work, three times a week? | Yes 1 <br> No 2 <br> DK/NR 9 |  |
| WEIGHT AND HEIGHT |  |  |  |
| EV15 | What is your current weight? |  |  |
| EV16 | From these images, how do you think you look currently? SHOW CARD "A" (SEX SPECIFIC) | Number ■_\| <br> DK/NR 0 |  |
| EV17 | What is your current height? |  |  |
| EV18 | What was your weight at the age of 25? | Weight L_L_L_\| kgs <br> Weight L_L_ $\quad$ l lbs <br> DK/NR 999 |  |
| EV19 | From these images, how do you think you looked at that time? SHOW CARD "A" | Number ——l <br> DK/NR 0 |  |


| SECTION EV: LIFESTYLES |  | Start Time: \| _ | _ $: 1:$ _\|_ |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| NO. | QUESTIONS | CATEGORIES AND CODES |  |  |  |
|  |  |  |  |  |  |
| EV20 | What was or what has been your maximum weight in your life? (If a woman, do not include pregnancies) | Weight <br> Weight <br> DK/NR |  |  |  |
| EV21 | Using these images, what do you think you looked like at that time? SHOW CARD "A" | Number <br> DK/NR | $\begin{aligned} & \left\|\_\right\| \\ & 0 \end{aligned}$ |  |  |
| EV22 | How old were you when you reached your highest weight? | Age DK/NR | $\begin{aligned} & \left\|-\_\|-\|\right. \\ & 99 \end{aligned}$ |  |  |
| EV23 | In the last 6 months, have you lost more than 5 kilograms of weight unintentionally? | Yes <br> No <br> DK/NR | $\begin{aligned} & 1 \\ & 2 \\ & 9 \end{aligned}$ |  |  |
| ACCIDENTS |  |  |  |  |  |
| EV24 | In the last 10 years, have you had injuries from a car accident or from being struck by a car? | Yes <br> No <br> DK/NR | $\begin{aligned} & 1 \\ & 2 \\ & 9 \end{aligned}$ |  |  |
|  |  |  |  |  |  |
| DIET |  |  |  |  |  |
| In the last 10 years, we want to know if you have changed your consumption of some foods. For each of the following please indicate if you consume the same, less or more. |  |  |  |  |  |
|  |  | Same | More | Less | DK/NR |
| EV25 | Sweets | 1 | 2 | 3 | 9 |
| EV26 | Sugar | 1 | 2 | 3 | 9 |
| EV27 | Dairy (milk, cream, cheese) | 1 | 2 | 3 | 9 |
| EV28 | Red meat (beef, pork, meat pies) | 1 | 2 | 3 | 9 |
| EV29 | Potatos, plantains, or fried yucca | 1 | 2 | 3 | 9 |
| EV30 | Fried foods (French fries or other) | 1 | 2 | 3 | 9 |


| SECTION EV: LIFESTYLES |  |  | Start Time: \| |
| :---: | :---: | :---: | :---: |
| NO. | QUESTIONS | CATEGORIES AND CODES |  |
| EV31 | Changed lard for cooking oil | Yes | 1 |
|  |  | No | 2 |
|  |  | DK/NR | 9 |
| End Time: \|_-|_|:|_-|_| |  |  |  |


| SECTION IN: CHILDHOOD CONDITIONS |  | Start Time: $\|\ldots+1:\|+\|$ |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Now I'd like to ask you about your childhood |  |  |  |  |
| NO. | QUESTIONS | CATEGORIES AND CODES |  |  |
| IN1 | During the first 15 years of your life, did your family have problems or economic hardships that did not allow you to eat regularly, dress adequately or get necessary medical care? | Yes <br> No <br> DK/NR |  |  |
| IN2 | How was your health for the majority of your childhood and adolescence? | Excellent <br> Very good <br> Good <br> Poor <br> DK/NR |  |  |
|  |  | YES | NO | DK/NR |
| IN3 | Did you have tuberculosis when you were a child or adolescent? | 1 | 2 | 9 |
| IN4 | Did you have rheumatic fever when you were a child or adolescent? | 1 | 2 | 9 |
| IN5 | Did you have poliomyelitis when you were a child or adolescent? | 1 | 2 | 9 |
| IN6 | Did you have malaria when you were a child or adolescent? | 1 | 2 | 9 |
| IN7 | Did you have asthma or chronic bronchitis when you were a child or adolescent? | 1 | 2 | 9 |
| IN8 | During the first 15 years of your life, did your home have a bathroom or latrine? | 1 | 2 | 9 |
| IN9 | During the first 15 years of your life, did you wear shoes regularly? | 1 | 2 | 9 |
| IN10 | During the first 15 years of your life, did your home have electricity? | 1 | 2 | 9 |
| IN11 | During the first 15 years of your life, where did you sleep? | On the floor On a bed alone On a shared bed Other DK/NR | 12349 |  |
| IN12 | During the first 15 years of your life, did you live with your biological father? | Yes <br> No <br> DK/NR | 2 |  |
|  |  |  | End Time: $\|\ldots\| \ldots\|:\|\ldots\|$ |  |



| SECTION D: FUNCTIONAL STATUS (Activities of Daily Living / Instrumental Activities of Daily Living) |  | Start Time: \| _ | _ |: |  |  |
| :---: | :---: | :---: | :---: | :---: |
| NO. | QUESTIONS | CATEGORIES AND CODES |  |  |
| D14 | Have you used an assistance apparatus or instrument to lie down or get up from the bed? | 1 | 2 | 9 |
| D15 | Does someone help you to go to bed or get out of your bed? | 1 | 2 | 9 |
| USING THE TOILET |  |  |  |  |
| D16 | Do you have difficulty in using the bathroom, including sitting or getting up from the toilet? | $1 \rightarrow$ D17 | $2 \rightarrow$ D19 | $9 \rightarrow$ D19 |
| D17 | Have you used an assistance apparatus or instrument to use the toilet? | 1 | 2 | 9 |
| D18 | Does someone help you to use the toilet? | 1 | 2 | 9 |
| CUTTING TOENAILS |  |  |  |  |
| D19 | Do you have difficulty cutting your toenails? | $1 \rightarrow$ D20 | $2 \rightarrow$ D21 | $9 \rightarrow$ D21 |
| D20 | Does someone help you cut your toenails? | 1 | 2 | 9 |
| INSTRUMENTAL ACTIVITIES OF DAILY LIVING (IADL) |  |  |  |  |
| PREPARING FOOD |  |  |  |  |
| D21 | Do you have difficulty in preparing a hot meal? | Yes <br> No <br> DK/NR | $\begin{aligned} & 1 \rightarrow \\ & 2 \rightarrow \\ & 9 \rightarrow \end{aligned}$ |  |
| D22 | Does someone help you to prepare a hot meal? | Yes <br> No <br> DK/NR | $\begin{aligned} & \hline 1 \\ & 2 \\ & 9 \end{aligned}$ |  |
| MANAGING MONEY |  |  |  |  |
| D23 | Do you have difficulty managing your own money? | Yes <br> No <br> DK/NR | $\begin{aligned} & 1 \rightarrow \\ & 2 \rightarrow \\ & 9 \rightarrow \end{aligned}$ |  |
| D24 | Does someone help you to manage your money? | Yes <br> No <br> DK/NR | $\begin{aligned} & 1 \\ & 2 \\ & 9 \end{aligned}$ |  |
| SHOPPING |  |  |  |  |
| D25 | Do you have difficulty in shopping (for example, food or clothes)? | Yes <br> No <br> DK/NR | $1 \rightarrow$ $2 \rightarrow$ $9 \rightarrow$ |  |
| D26 | Does someone help you to do the grocery shopping? | Yes <br> No <br> DK/NR | $\begin{aligned} & 1 \\ & 2 \\ & 9 \end{aligned}$ |  |


| SECTION D: FUNCTIONAL STATUS (Activities of Daily Living / Instrumental Activities of Daily Living) |  | Start Time: \| - | - |: $\mid$ - $\mid$ |
| :---: | :---: | :---: |
| NO. | QUESTIONS | CATEGORIES AND CODES |
| MEDICATIONS |  |  |
| D27 | Do you have difficulty taking your medications? | Yes $1 \rightarrow$ D28 <br> No $2 \rightarrow$ D29 <br> DK/NR $9 \rightarrow$ D29 |
| D28 | Does someone help you to take you medications? | Yes 1 <br> No 2 <br> DK/NR 9 |
| D29 | Does the interviewee receive help with at least one of the above.mentioned activities? | Yes $\quad 1 \rightarrow$ D30 D1. How many people help? $\quad 2 \rightarrow$ Note End Time and No go to Section E (Verify answer of "Yes" in:, (D10, D12, D15, D18, D20, D22, D24, D26, D28) |
| D30 | Who is the person who mainly helps you? | Someone in the home that is not the spouse 1 |
| D31 | In the last month, about how many days did $\qquad$ help you? | Number of days L_——\| <br> Every day 30 <br> DK/NR 99 |
| D32 | Is there another person who helps you? | Yes No $\quad 2 \rightarrow$ D33 2 $\rightarrow$ note end time and got to Sec E <br> DK/NR $9 \rightarrow$ note end time go to Sec E |
| D33 | In the last month, about how many days did she/he help you? | Number of days L_——\| <br> Every day 30 <br> DK/NR 99 |
|  |  | End Time: $\|\ldots\|$ _ $: 1 / \ldots \mid$ |


| SECTION E: MEDICATION |  |  |  | START TIME: $\|\ldots\| \_\|:\|=\|$END TIME: $\mid$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| AM30. <br> Are you currently taking or using some medications and/or remedies? |  |  | Yes <br> No <br> DK/NR | $\begin{aligned} & \hline 1 \rightarrow \text { AM31 } \\ & 2 \rightarrow \text { AM33 } \\ & 9 \rightarrow \text { AM33 } \\ & \hline \end{aligned}$ |  |
| AM31 <br> Could you please show me the medicine and/or remedies that you are taking by prescription? Note the number of medicines. |  |  | Number of medicines |  |  |
| E1 Name of each medicine | E2 <br> Where did you get the medicine the last time you got it? <br> 1. CCSS <br> 2. Pharmacy <br> 3. Other <br> 9. $\mathrm{DK} / \mathrm{NR}$ | 1. Yes $\rightarrow \mathrm{E} 4$ <br> 2. No $\rightarrow$ AM32 <br> 9. DK/NR $\rightarrow$ AM32 | stop taking, or took ines? | E4 <br> What was the reason you them? <br> 1. Because of high price <br> 2. Because it was not ava <br> 3. I was not able to go buy <br> 4. Does not like to take n <br> 5. It does not sit well/agr her/him <br> 6. Other $\qquad$ <br> 9. DK/NR | pped taking <br> able <br> it <br> dicine <br> with |
| MEDICINE | OBTAINED | TOOK MEDICINE |  | REASON |  |
|  | - | - |  | - |  |
|  | - |  |  | - |  |
|  | - | - |  | - |  |
|  | - | - |  |  |  |
|  | - | - |  |  |  |
|  | - | - |  |  |  |
|  | - | - |  | - |  |
|  | - | - |  | - |  |
|  | - | - |  | - |  |
|  | - | - |  | - |  |
| AM32. (Interviewer: if you noted it above note Yes in this question) Do you take aspirin daily? |  |  | 1 Yes <br> 2 No <br> 9 DK/NR |  |  |
| AM33 <br> Do you currently take natural remedies (herbs) or homeopathic products for your health care? |  |  | 1 Yes <br> 2 No <br> 9 DK/NR |  |  |
| AM34 <br> How much was spent in total on these medicines and remedies in the last month? |  |  | ```0. None }->\mathrm{ Section F Cost \|______| thousand. }->\mathrm{ Section F 999. DK/NR }->\mathrm{ AM35``` |  |  |
| Then would you say that your | medicine and/or remedies are: |  | AM35 <br> More than 70 thousand colones <br> 1. Yes $\rightarrow$ AM37 <br> 2. No $\rightarrow$ AM36 <br> 9. DK/NR $\rightarrow$ Section F | AM36 <br> More than 30 thousand colones <br> 1. Yes $\rightarrow$ Section $F$ <br> 2. No $\rightarrow$ Section $F$ <br> 9. DK/NR $\rightarrow$ Section F | AM37 <br> More than 140 thousand colones <br> 1. Yes <br> 2. No <br> 9. DK/NR |


| SECTION F: USE AND ACCESSIBILITY OF SERVICES |  |  | Start |  |
| :---: | :---: | :---: | :---: | :---: |
| Now I World like to ask you some questions about your use of health services, for example, clinics, EBAIS and hospitals. |  |  |  |  |
| NO. | QUESTIONS | CATEGORIES AND CODES |  |  |
| F1 | In the last 12 months, has someone from the EBAIS health team visited you? | Yes <br> No <br> DK/NR | $\begin{aligned} & 1 \\ & 2 \\ & 9 \end{aligned}$ |  |
| HOSPITALIZATION |  |  |  |  |
| F2 | Have you been hospitalized? How many nights did you spend in the hospital in the last 12 months? | None <br> Number of nights DK/NR | $\begin{aligned} & 0 \rightarrow \text { F10 } \\ & \left\|\_\left\|\_\left\|\_\right\| \rightarrow F 3\right.\right. \\ & 999 \rightarrow \text { F10 } \end{aligned}$ |  |
| F3 | Where were you hospitalized last? | Hospital (CCSS) <br> Private Hospital <br> Clinic (CCSS) <br> Private Clinic <br> Other <br> DK/NR | $\begin{aligned} & 1 \\ & 2 \\ & 3 \\ & 4 \\ & 9 \\ & 99 \end{aligned}$ |  |
| F4 | What was the reason you were hospitalized? | Planned Surgery <br> Tests or exams <br> Emergency <br> Other <br> DK/NR | $\begin{aligned} & 1 \\ & 2 \rightarrow \text { F6 } \\ & 3 \rightarrow \text { F6 } \\ & 4 \rightarrow \text { F6 } \\ & 9 \rightarrow \mathrm{~F} 6 \end{aligned}$ |  |
| F5 | How many months did you have to wait for the surgery? | Months DK/NR | $\begin{aligned} & \left\|\_\_-\right\| \\ & 99 \end{aligned}$ |  |
| F6 | In the last 12 months, how much was paid for these hospital stays? | Nothing <br> Total Expense <br> DK/NR | $\begin{aligned} & 0 \rightarrow \text { F10 } \\ & \text { \|_-_ _ \| _ \| } \quad \text { \| thousand } \rightarrow \text { F10 } \\ & 9999 \rightarrow \text { F7 } \end{aligned}$ |  |
|  | Then would you say that the expenses on hospitalization are: | F7. More than 200 thousand colones? <br> Yes $\quad 1 \rightarrow$ F9 <br> No $\quad 2 \rightarrow \mathrm{~F} 8$ <br> DK/NR $9 \rightarrow$ F10 | F8. More than 100 thousand colones? <br> Yes $\quad 1 \rightarrow$ F10 <br> No $\quad 2 \rightarrow$ F10 <br> DK/NR $9 \rightarrow$ F10 | F9. More than 800 thousand colones? <br> Yes 1 <br> No 2 <br> DK/NR 9 |
| DOCTOR'S APPOINTMENT |  |  |  |  |
| F10 | How many appointments or health care visits with a doctor did you have in the last 3 months? | None <br> Number <br> DK/NR | $\begin{aligned} & 0 \rightarrow \text { F15 } \\ & \left\|\_\_\right\| \rightarrow \text { F11 } \\ & 99 \rightarrow \text { F15 } \end{aligned}$ |  |


| SECTION F: USE AND ACCESSIBILITY OF SERVICES <br> Start Time: <br> Now I World like to ask you some questions about your use of health services, for example, clinics, EBAIS and hospitals. |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |
| NO. | QUESTIONS | CATEGORIES AND CODES |  |  |
| F11 | What is the total amount you have paid for health care visits in the last 3 months? | Nothing $0 \rightarrow$ F15 <br> Total Expense \|______|_| thousand $\rightarrow$ F15 <br> DK/NR $\quad 999 \rightarrow$ F12 |  |  |
|  | Then would you say that these expenses on visits to the doctor are: | F12. More than 50 thousand colones? <br> Yes $\quad 1 \rightarrow$ F14 <br> No $\quad 2 \rightarrow$ F13 <br> DK/NR $9 \rightarrow$ F15 | F13. More than 10 thousand colones? <br> Yes $\quad 1 \rightarrow$ F15 <br> No $\quad 2 \rightarrow$ F15 <br> DK/NR $9 \rightarrow$ F15 | F14. More than 400 thousand colones? <br> Yes 1 <br> No 2 <br> DK/NR 9 |
| F15 | When was the most recent doctor's appointment? | Less than one month <br> From 1 to 3 months <br> From 4 to 6 months <br> From 7 to 11 months <br> From 1 year to less than 2 yrs <br> From 2 to 4 Years <br> 5 or more years <br> DK/NR |  | $\begin{aligned} & \hline 1 \\ & 2 \\ & 3 \\ & 4 \\ & 5 \\ & 6 \\ & 7 \\ & 9 \end{aligned}$ |
| F16 | Who attended to you in your last visit? | Doctor <br> Nurse <br> Pharmacist <br> Other professional <br> Other practitioner <br> DK/NR | $\begin{aligned} & 1 \\ & 2 \\ & 3 \\ & 4 \\ & 5 \\ & 9 \end{aligned}$ |  |
| F17 | Where did you receive this medical attention or consultation on this last health care visit? | Hospital (CCSS) <br> Private Hospital <br> Clinic (CCSS) <br> Private Clinic <br> EBAIS <br> Private clinic <br> Interviewee's home <br> At work <br> Other <br> DK/NR | $\begin{aligned} & \hline 1 \\ & 2 \\ & 3 \\ & 4 \\ & 5 \\ & 6 \\ & 7 \rightarrow \text { F20 } \\ & 8 \\ & 9 \\ & 99 \end{aligned}$ |  |
| F18 | How long does it take you to get from your home to the place of the office visit? | Hours <br> Minutes | $\begin{aligned} & \mid \text { \|_\|_\| } \\ & \left\|\_\left\|\_\right\|\right. \end{aligned}$ |  |


| SECTION F: USE AND ACCESSIBILITY OF SERVICES <br> Start Time: <br> Now I World like to ask you some questions about your use of health services, for example, clinics, EBAIS and hospitals. |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |
| NO. | QUESTIONS | CATEGORIES AND CODES |  |  |
|  |  | DK/NR 99 |  |  |
| F19 | After arriving at the location of your health care visit, how long did you have to wait until you were seen? | Hours <br> Minutes <br> DK/NR |  |  |
| LABORATORY TESTS |  |  |  |  |
| F20 | During the your health care visits in the last 3 months, were you asked do an x-ray, labs or diagnostic exams? | Yes $1 \rightarrow$ F21 <br> No $2 \rightarrow$ F25 <br> DK/NR $9 \rightarrow$ F25 |  |  |
| F21 | How much did you pay in total for these exams, diagnoses or lab tests in the last month? | Nada $0 \rightarrow$ F25 <br> Total expense \|__|__|_| thousand $\rightarrow$ F25 <br> DK/NR $999 \rightarrow$ F22 |  |  |
|  | Then would you say that the cost of your laboratory tests are: | F22 More than 30 thousand colones? $\begin{array}{ll} \text { Yes } & 1 \rightarrow \text { F24 } \\ \text { No } & 2 \rightarrow \text { F23 } \end{array}$ <br> DK/NR 9 $\rightarrow$ F25 | F23 More than 10 thousand colones? $\begin{array}{ll} \text { Yes } & 1 \rightarrow \text { F25 } \\ \text { No } & 2 \rightarrow \mathrm{~F} 25 \end{array}$ <br> DK/NR 9 $\rightarrow$ F25 | F24 More than 50 thousand colones? <br> Yes 1 <br> No 2 <br> DK/NR 9 |
| F25 | What other health related expenses that have not been mentioned did you have in the last month? | None $0 \rightarrow$ Note End Time and go to <br> Section G  <br> Total expense  <br> Time and go to Section G  <br> DK/NR $999 \rightarrow$ F26 |  |  |
|  | Then would you say that your expenses on health related expenses that have not been mentioned are: | F26 More than 30 thousand colones? $\text { Yes } \quad 1 \rightarrow \text { F28 }$ $\text { No } \quad 2 \rightarrow F 27$ <br> DK/NR $9 \rightarrow$ end time and go to Sec G | F27 More than 10 thousand colones? <br> Yes $\quad 1 \rightarrow$ end time and go to Sec. G No $\quad 2 \rightarrow$ end time and go to Sec. G DK/NR $9 \rightarrow$ end time and go to Sec. G | F28 More than 50 thousand colones? <br> Yes 1 <br> No 2 <br> DK/NR 9 |
|  |  | End Time: \| _ | _ i: |  |  |


| SECTION G: FAMILY AND SOCIAL SUPPORT NETWORK |  |  | Start Time: | , |
| :---: | :---: | :---: | :---: | :---: |
| Families and friends help each other in different ways. As part of this research we would like to know how people support each other, so now I will ask you about the support that you receive and give. |  |  |  |  |
| NO. | QUESTIONS | CATEGORIES AND CODES |  |  |
| G1 | In the last 12 months, did you receive support in the form of money? | Yes $1 \rightarrow \mathrm{G} 2$ <br> No $2 \rightarrow \mathrm{G} 7$ <br> DK/NR $9 \rightarrow \mathrm{G} 7$ |  |  |
| G2 | How much money did you receive in the last 12 months? | Money <br> 10 million or more <br> DK/NR | $\begin{aligned} & \text { L_\|_\|_\|_\| thousand } \rightarrow \text { G6 } \\ & 9998 \rightarrow \text { G6 } \\ & 9999 \rightarrow \text { G3 } \end{aligned}$ |  |
|  | Then would you say that the amount of money you received was: | G3 More than 30 thousand colones? <br> Yes $\quad 1 \rightarrow$ G5 <br> No $\quad 2 \rightarrow$ G4 <br> DK/NR 9 $\rightarrow$ G6 | G4 More than 10 thousand colones? <br> Yes $\quad 1 \rightarrow \mathrm{G} 6$ <br> No $\quad 2 \rightarrow$ G6 <br> DK/NR 9 $\rightarrow$ G6 | G5 More than 50 thousand colones? <br> Yes 1 <br> No 2 <br> DK/NR 9 |
| G6a | Who is the person who helps you primarily? | Someone in the home Child outside the home Others DK/NR |  | $\begin{aligned} & 1 \text { G6b. Who? } \\ & 2 \text { G6c.Who? } \\ & 3 \\ & 9 \end{aligned}$ |
| G7 | In the last 12 months, did you provide support in the form of money? | Yes $1 \rightarrow$ G8 <br> No $2 \rightarrow$ G13 <br> DK/NR $9 \rightarrow G 13$ |  |  |
| G8 | How much money did you give in the last 12 months? | Money <br> 10 million or more DK/NR | $\begin{aligned} & \|\ldots\| \_\left\|\_\left\|\_\right\| \text {thousand } \rightarrow\right. \text { G12 } \\ & 9998 \rightarrow \text { G12 } \\ & 9999 \rightarrow \text { G9 } \end{aligned}$ |  |
|  | Then would you say that the amount of money you provided was: | G9 More than 30 thousand colones? <br> Yes $\quad 1 \rightarrow$ G11 <br> No $\quad 2 \rightarrow$ G10 <br> DK/NR 9 $\rightarrow$ G12 | G10 More than 10 thousand colones? <br> Yes $\quad 1 \rightarrow$ G12 <br> No $\quad 2 \rightarrow$ G12 <br> DK/NR $9 \rightarrow$ G12 | G11 More than 50 thousand colones? <br> Yes 1 <br> No 2 <br> DK/NR 9 |
| G12a | Whom do you help the most? | Someone at home <br> Child outside the home <br> Others <br> DK/NR | 1 <br> me <br>  <br>  <br>  <br>  <br>  <br>  | 12b.Who? <br> 12c. Who? |


| SECTION G: FAMILY AND SOCIAL SUPPORT NETWORK $\quad$ Start Time: $\|\ldots\| \ldots\|:\|$ <br> Families and friends help each other in different ways. As part of this research we would like to know how people support each other, so now I will ask you about the support that you receive and give. |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |
| NO. | QUESTIONS | CATEGORIES AND CODES |  |  |  |
|  | From which of the following institutions do you receive support or services? |  | Yes | No | DK/NR |
|  |  | G13. Day Centers | 1 | 2 | 9 |
|  |  | G14. Senior Clubs | 1 | 2 | 9 |
|  |  | G15. Religious Groups | 1 | 2 | 9 |
|  |  | G16. Programa Ciudadano de Oro (Golden Citizen Program) | 1 | 2 | 9 |
|  |  | G17. AGECO | 1 | 2 | 9 |
|  |  | G18. Other Institution | 1 | 2 | 9 |
|  | On average over the last 12 months, how many hours per week have you been involved in the following activities? <br> DK/NR | G19. Provide help to older adults | $\text { ___Yes is } 0 \text { no }$ <br> ask G27 |  |  |
|  |  | G20. Church | \| - - - | |  |  |
|  |  | G21. Childcare | \| - - - | |  |  |
|  |  | G22. Civic activities | \| - | - | |  |  |
|  |  | G23. Watch TV | \|-_|_| |  |  |
|  |  | G24. Sports (walk) | \| - - - | |  |  |
|  |  | G25. Daily chores | \| - | - | |  |  |
|  |  | G26. Recreational activities (handicrafts, arts etc) | \|-_| |  |  |
| G27 | Whom do you help the most? | Parents 1 |  |  |  |
|  |  | In-Laws |  |  |  |
|  |  | Siblings |  |  |  |
|  |  | Siblings In-Law |  |  |  |
|  |  | Other relative |  |  |  |
|  |  | Other non relative | 6 |  |  |
|  |  |  | Tim | 1 | \|: $\mid$ - $\mid$ - $\mid$ |



| SECTION H: EMPLOYMENT ANDINCOME |  |  | Start Time: |
| :---: | :---: | :---: | :---: |
| Now we are going to talk about employment |  |  |  |
| NO. | QUESTIONS | CATEGO | ND CODES |
| H6 | What is the name of the title, profession, or charge in which you do your primary job currently? | Professional, executive |  |
|  |  | Office worker | 2 |
|  |  | Vendor, trader | 3 |
|  |  | Independent farmer | 4 |
|  |  | Agricultural worker | 5 |
|  |  | Domestic worker | 6 |
|  |  | Other services | 7 |
|  |  | Specialized worker | 10 |
|  |  | Non-Specialized worker | 11 |
|  |  | Other | 13 |
|  |  | DK/NR | 99 |
| H7 | What position do you hold in your job? | Boss or proprietor of a business |  |
|  |  | (1 to 5 employees) | 1 |
|  |  | Boss or proprietor of a business |  |
|  |  | (6 or more employees) | 2 |
|  |  | Independent worker | 3 |
|  |  | Salaried worker | 4 |
|  |  | Family worker without pay | 5 |
|  |  | Other_ | 6 |
|  |  | DK/NR | 9 |
| H8 | About how many hours do you work in a normal week? | Hours | - |
|  |  | DK/NR |  |
| H9 | At what age do you plan to retire with your pension? | Does not have a pension | 1 |
|  |  | Is already retired | 2 |
|  |  | Age | \|_-_| |
|  |  | DK/NR | 99 |
| H10 | Is the job that you have now the same one that you had most of your life? | Yes | $1 \rightarrow \mathrm{H} 17$ |
|  |  | No | $2 \rightarrow$ H11 |
|  |  | DK/NR | $9 \rightarrow$ H11 |


| SECTION H: EMPLOYMENT AND |  |  | Start Tim |
| :---: | :---: | :---: | :---: |
| Now we are going to talk about employment |  |  |  |
| NO. | QUESTIONS | CATEGORIES AND CODES |  |
| H11 | What is the occupation in which you worked for most of your life? | Professional, executive |  |
|  |  | Office worker | 2 |
|  |  | Vendor, trader |  |
|  |  | Independent farmer | 4 |
|  |  | Agricultural worker | 5 |
|  |  | Domestic worker | 6 |
|  |  | Others services | 7 |
|  |  | Specialized worker | 10 |
|  |  | Non-Specialized worker | 11 |
|  |  | Other | 13 |
|  |  | DK/NR | 99 |
| H12a. | What position did you have in your job? | Boss or proprietor of a business |  |
|  |  | (1 to 5 employees) | 1 |
|  |  | Boos or proprietor of a business |  |
|  |  | (6 or more employees) | 2 |
|  |  | Independent worker | 3 |
|  |  | Salaried worker | 4 |
|  |  | Family worker without pay | 5 |
|  |  | Other: H12b. Which one? |  |
|  |  | DK/NR | 9 |
| H13 | About how much time in total have you dedicated (worked) to this principal occupation? | Years | \|_-_-| |
|  |  | All her/his life | 98 |
|  |  | DK/NR | 99 |
| H14 | How many hours per week did you work for most of the time that you work at your principal occupation? | Hours | \|_|_| |
|  |  | DK/NR | 99 |
| H15 | At what age did you stop working at this occupation? | Age | \|_-_ | |
|  |  | DK/NR | 99 |


| SECTION H: EMPLOYMENT AND <br> INCOME | Start Time: $\left\|\_\_\_\left\|:\left\|\_\left\|\_\right\|\right.\right.\right.$ |
| :--- | :---: |
| Now we are going to talk about employment |  |
| NO. $\quad$ QUESTIONS | CATEGORIES AND CODES |



| SECTION H: EMPLOYMENT AND INCOME |  | Start Time: \|__|_ |: |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Now we are going to talk about employment |  |  |  |  |
| NO. | QUESTIONS | CATEGORIES AND CODES |  |  |
|  |  | Income $\square$ \|thousand $\rightarrow$ FILTER DK/NR$999 \rightarrow \mathrm{H} 21$ |  |  |
| Then would you say that your monthly income is: |  | H21 More than 170 thousand colones? $\begin{array}{ll} \text { Yes } & 1 \rightarrow \text { H23 } \\ \text { No } & 2 \rightarrow \text { H22 } \\ \text { DK/NR } & 9 \rightarrow \text { FILTER } \end{array}$ | H22 More than 80 thousand colones? | H23 More than 250 thousand colones? $\begin{array}{ll} \text { Yes } & 1 \\ \text { No } & 2 \\ \text { DK/NR } & 9 \end{array}$ |
| FILTER | If interviewee is (see A3) | Married / Partnered $1 \rightarrow \mathrm{H} 24$ <br> Other marital status $2 \rightarrow \mathrm{H} 28$ |  |  |
| H24 | During the last 12 months, what has been the total monthly income of your spouse? | None $0 \rightarrow \mathrm{H} 28$ <br> Income $\|\ldots-\ldots\| \_\mid$ <br> DK/NR $999 \rightarrow \mathrm{H} 25$ |  |  |
|  | Then would you say that the monthly income of your spouse is: | H25. More than 170 thousand colones? | H26. More than 80 thousand colones? | H27. More than 250 thousand colones? $\begin{array}{ll} \text { Yes } & 1 \\ \text { No } & 2 \\ \text { DK/NR } & 9 \end{array}$ |
| H28 | Now, if you will allow me I would like again to take your blood pressure. |  |  |  |
| End Time: $\mid$ __\|_|: $\mid$ _ $\mid$ |  |  |  |  |



| SECTION J: HOUSING CHARACTERISTICS | Start Time: $\|\ldots\| \_\left\|:\left\|\_\left\|\_\right\|\right.\right.$ |
| :--- | :--- |
| Speaking about this home $\ldots$ |  |
| NO. | QUESTIONS |


|  | Then how much would you say you pay in rent for this house? | J12. More than 60 thousand colones? $\begin{array}{ll} \text { Yes } & 1 \rightarrow \mathrm{~J} 14 \\ \text { No } & 2 \rightarrow \mathrm{~J} 13 \\ \text { DK/NR } & 9 \rightarrow \mathrm{~J} 15 \end{array}$ | J13. More than 40 thousand colones? $\begin{array}{ll} \text { Yes } & 1 \rightarrow \mathrm{~J} 15 \\ \text { No } & 2 \rightarrow \mathrm{~J} 15 \\ \text { DK/NR } & 9 \rightarrow \mathrm{~J} 15 \end{array}$ | J14. More than 100 thousand colones? <br> Yes 1 <br> No 2 <br> DK/NR 9 |
| :---: | :---: | :---: | :---: | :---: |
| J15 | What is the primary building material of the floor of the home? | Terrazzo, mosaic, ceramic 1 <br> Cement (finished or not) 2 <br> Wood 3 <br> Other 4 <br> DK/NR 9 |  |  |
| J16 | How many rooms used only for sleeping does this house have? | Number of rooms DK/NR | $\underset{99}{\|\ldots\|-\_\mid}$ |  |
| J17 | Do you sleep alone in your room? | Yes <br> No <br> DK/NR | 1 2 9 |  |
| J18 | Does this house have a room just for cooking? | Yes <br> No <br> DK/NR | 1 2 9 |  |
| J19 | What is the fuel most often used for cooking? | Electricity <br> Wood or charcoal <br> Gas <br> Other <br> None (doesn't coo <br> DK/NR | 1 <br> 2 <br> 3 <br> 4 <br> 5 <br> 9 |  |
|  | Does this house have: | Yes | No | DK/NR |
| J20 | Refrigerator | 1 | 2 | 9 |
| J21 | Landline telephone | 1 | 2 | 9 |
| J22 | Cellular telephone | 1 | 2 | 9 |
| J23 | Washing machine | 1 | 2 | 9 |
| J24 | Microwave | 1 | 2 | 9 |
| J25 | Computer | 1 | 2 | 9 |
| J26 | Potable water within the house | 1 | 2 | 9 |



